

ABOYNE CANOE CLUB - OCTOBER 2014 – APRIL 2015

| Day | Date | Event | Grade | Meet | Time | Coach/ Leader | Organiser | Contact details |
|--|------------|--|-----------|--|-----------------------------------|--|---------------------------|------------------------------|
| | OCT | | | | | | | |
| THURS | 16 | Aboyne Pool Kayak Training - Polo | Indoor | Community Centre | 6:25pm – 7:45pm | Chris Redmond Molly Davies | Email Gwen | 07581629123 (5 – 10pm) |
| THURS | 23 | Aboyne Pool Kayak Training | Indoor | Community Centre | 6:25pm – 7:45pm | Chris Redmond Molly Davies | Email Gwen | 07581629123 (5 – 10pm) |
| SAT | 25 | An Fheis Mhor – Scotlands Festival of Paddlesport Chris, Mark and Tom going from Aboyne | £££ | Dewars Centre, Perth and at Perth Leisure Pool | See SCA website | Chris/Mark | Chris Mark | 013398 81050 013398 85729 |
| SUN | 26 | Deeside Trip – Coaching Trip – Ferry gliding(forward/reverse), breaking in/out | Grade 1/2 | Gordon Lodge | 10am | Chris | Chris | 013398 81050 |
| School Holidays Finish Sunday 26 th October | | | | | | | | |
| THURS | 30 | Aboyne Pool Kayak Training | Indoor | Community Centre | 6:25pm – 7:45pm | Jonathan Kitching Josh L and Tom M | Email Gwen | 07581629123 (5 – 10pm) |
| | NOV | | | | | | | |
| Thurs | 6 | Torphins Guides Pool Session | Pool | Community Centre | 6:25pm – 7:45pm | Jonny Turley Josh L and Tom M | BOOKED FOR GUIDES | |
| SUN | 9 | Local Dee Trip – Canoes and Kayaks | Grade 1/2 | Gordon Lodge | 10:00am | Chris Redmond JK Donald | JK | 013398 85342 |
| THURS | 13 | Aboyne Pool Kayak Training | Pool | Community Centre | 6:25pm – 7:45pm | Donald Silcock Josh L and Tom M | Email Gwen | 07581629123 (5 – 10pm) |
| SAT | 15 | Canoe Polo Tournament (Suitable for beginners) – Banff | Pool | TBC | 10:30 Aboyne 12:00 Banff | Chris Redmond | Chris Redmond | 013398 81050 |
| THURS | 20 | Aboyne Pool Kayak Training– Tiddlers Session – 7 Years old and under. | Pool | Community Centre | 6:25pm – 7:45pm | Chris R, Jonny and Molly D Josh L and Tom M | Email Gwen | 07581629123 (5 – 10pm) |
| SAT | 22 | Junior Polo Tournament/Training | Pool | Banff | 4.30pm - 7.30pm | ----- | Alan Meike (Deveron Club) | Contact Chris if interested. |

Email for pool sessions booking is: gwen.newman@hotmail.co.uk using the words '**Pool Booking**' in the subject. 07581629123 (5 – 10pm)

Joining instructions – common sense, warm clothing, change of clothing, buoyancy aid (if you have your own), waterproofs, footwear (you can get wet!). **You MUST also contact the event organiser at least 2 days in advance to book a place** on the event because numbers are limited due to leader / participant ratios. You will be asked to sign in at the start of the event. Please remember that under 16's must be accompanied by an adult at all times during the event. At the coaches discretion 16 and 17 year olds can attend events without an accompanying adult. The Club has cag tops, buoyancy aids, helmets, throwlines, drybags etc for use on these events.

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| SUN | 23 | Kayak Trip – North Esk or similar | Grade 3+ | Gordon Lodge | 10.30am | Chris Redmond | Chris | 013398 81050 |
| THURS | 27 | Aboyne Pool Kayak Training | Pool | Community Centre | 6:25pm – 7:45pm | JK Josh L and Tom M | Email Gwen | 07581629123 (5 – 10pm) |
| | DEC | | | | | | | |
| THURS | 4 | Aboyne Pool Kayak Training | Pool | Community Centre | 6:25pm – 7:45pm | Jonny Turley Josh L and Tom M | Email Gwen | 07581629123 (5 – 10pm) |
| THURS | 11 | Aboyne Pool Kayak Training | Pool | Community Centre | 6:25pm – 7:45pm | Donald Silcock Josh L and Tom M | Email Gwen | 07581629123 (5 – 10pm) |
| SUN | 14 | Mulled Wine & Minced Pie Trip, Tinsel required! Dinner to Aboyne, Afterward at Minarloch - Festive food, drink and awards ceremony. | Grade 1/2 | Gordon Lodge or Minarloch Lodge | 11am or 2.30/3pm (ish) | ALL Coaches ALL Members | Chris | 013398 81050 |
| THURS | 18 | Aboyne Pool Kayak Kristmas Fun - All welcome | Pool | Community Centre | 6:25pm – 7:45pm | Chris Redmond ALL Coaches ALL Members | Email Gwen | 07581629123 (5 – 10pm) |
| | JAN | | | | | | | |
| WED | 7 | Aboyne Pool Canoe Polo Training (8 Weekly sessions (Jan- Feb), Note later start) | Pool | Community Centre | 8:15pm – 9:30pm | Chris Redmond | Email Gwen | 07581629123 (5 – 10pm) |
| THURS | 8 | Aboyne Pool Kayak Training | Pool | Community Centre | 6:25pm – 7:45pm | JK Josh L and Tom M | Email Gwen | 07581629123 (5 – 10pm) |
| SUN | 11 | Frostbite Trip – River Dee | Grade 1/2 | Gordon Lodge | 11am | Chris Redmond JK Jonny Turley All coaches | Jonny Turley | 013398 86994 |
| WED | 14 | Aboyne Pool Canoe Polo Training | Pool | Community Centre | 8:15pm – 9:30pm | Chris Redmond | Email Gwen | 07581629123 (5 – 10pm) |
| THURS | 15 | Aboyne Pool Kayak Training | Pool | Community Centre | 6:25pm – 7:45pm | Jonny Turley Josh L and Tom M | Email Gwen | 07581629123 (5 – 10pm) |
| WED | 21 | Aboyne Pool Canoe Polo Training | Pool | Community Centre | 8:15pm – 9:30pm | Chris Redmond | Email Gwen | 07581629123 (5 – 10pm) |
| THURS | 22 | Aboyne Pool Kayak Training | Pool | Community | 6:25pm – | Donald Silcock | Email Gwen | 07581629123 |

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| | | | | Centre | 7:45pm | Josh L and Tom M | | (5 – 10pm) |
| WED | 28 | Aboyne Pool Canoe Polo Training | Pool | Community Centre | 8:15pm – 9:30pm | Chris Redmond | Email Gwen | 07581629123 (5 – 10pm) |
| THURS | 29 | Aboyne Pool Kayak Training | Pool | Community Centre | 6:25pm – 7:45pm | Josh Lafimer Tom Mitchell | Email Gwen | 07581629123 (5 – 10pm) |
| | FEB | | | | | | | |
| WED | 4 | Aboyne Pool Canoe Polo Training | Pool | Community Centre | 8:15pm – 9:30pm | Chris Redmond | Email Gwen | 07581629123 (5 – 10pm) |
| THURS | 5 | Aboyne Pool Kayak Training – Coaches clinic / Rolling clinic | Pool | Community Centre | 6:25pm – 7:45pm | JK ALL Coaches ALL Aspirant Rollers | Email Gwen | 07581629123 (5 – 10pm) |
| SUN | 8 | River Trip | Grade 1/2 | Gordon Lodge | 10:30am | Donald Silcock Chris Redmond JK | Donald | 013398 86332 |
| WED | 11 | Aboyne Pool Canoe Polo Training | Pool | Community Centre | 8:15pm – 9:30pm | Chris Redmond | Email Gwen | 07581629123 (5 – 10pm) |
| School Holidays/In-service days – Thurs 12 th to Mon 16 th (Holidays) Tues 17 th & Wed 18 th (Inservice) | | | | | | | | |
| THURS | 12 | Aboyne Pool Kayak Training | Pool | Community Centre | 6:25pm – 7:45pm | Jonny Turley Josh L and Tom M | Email Gwen | 07581629123 (5 – 10pm) |
| WED | 18 | Aboyne Pool Canoe Polo Training | Pool | Community Centre | 8:15pm – 9:30pm | Chris Redmond | Email Gwen | 07581629123 (5 – 10pm) |
| THURS | 19 | Aboyne Pool Kayak Training | Pool | Community Centre | 6:25pm – 7:45pm | Donald Silcock Josh L and Tom M | Email Gwen | 07581629123 (5 – 10pm) |
| WED | 25 | Aboyne Pool Canoe Polo Training | Pool | Community Centre | 8:15pm – 9:30pm | Chris Redmond | Email Gwen | 07581629123 (5 – 10pm) |
| THURS | 26 | Torphins Scouts Pool Session | Pool | Community Centre | 6:25pm – 7:45pm | Chris Redmond Josh L and Tom M | BOOKED FOR SCOUTS | |
| SAT | 28 (TBC) | Canoe Polo Tournament (Suitable 4 beginners) – Banff | Pool | TBC | 10:30 Aboyne 12:00 Banff | Chris Redmond | Chris Redmond | 013398 81050 |
| | MAR | | | | | | | |
| THURS | 5 | Aboyne Pool Kayak Training | Pool | Community | 6:25pm – | JK | Email Gwen | 07581629123 |

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| | | | | Centre | 7:45pm | Josh L and Tom M | | (5 – 10pm) |
| SAT | 7 | Try a boat Session & AGM at Knockburn Loch | Flat | Gordon Lodge | 12:00noon | All Coaches All members | Donald | 013398 86332 |
| THURS | 12 | Aboyne Pool Kayak Training | Pool | Community Centre | 6:25pm – 7:45pm | Jonny Turley Josh L and Tom M | Email Gwen | 07581629123 (5 – 10pm) |
| SAT | 14 | River Trip - Kayaks | Grade 3+ | Gordon Lodge | 9am | Chris Redmond | Chris | 013398 81050 |
| SUN | 15 | River Trip - Canoes | Grade 2 | Gordon Lodge | 10am | JK Jonny | JK | 013398 85342 |
| THURS | 19 | Aboyne Pool Kayak Training – Tiddlers Session – 7 Years old and under. | Pool | Community Centre | 6:25pm – 7:45pm | Donald Silcock Chris Redmond Josh L and Tom M | Email Gwen | 07581629123 (5 – 10pm) |
| SAT | 21 | 10 th Anniversary Fundraising Ceilidh Raffle Prizes Welcome. BYOB and snacks | Beer, Wine or Whisky (Soft Drinks too) | Victory Hall, Aboyne | 6.30pm (7-11pm) | EVERYONE COME ALONG – Members old and new, friends and relatives | Chris Redmond | 013398 81050 |
| THURS | 26 | Aboyne Pool Kayak Training | Pool | Community Centre | 6:25pm – 7:45pm | Josh Latimer Tom Mitchell | Email Gwen | 07581629123 (5 – 10pm) |
| | APRIL | | | | | | | |
| THURS | 2 | Aboyne Pool Kayak Training – Rescue session – All members welcome | Pool | Community Centre | 6:25pm – 7:45pm | JK All Coaches All Members | Email Gwen | 07581629123 (5 – 10pm) |
| School Holidays – Friday 3 rd – Sun 19 th April | | | | | | | | |
| SAT | 18 | Litter Pick & Bank clear – Egg Hunt | Eggstreme | Gordon Lodge | 2-4pm | All Coaches All Members (Eggpecially Children) | Chris | 013398 81050 |

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ACC Programme - Oct 2014 - April 2015_Rev 1