

## ABOYNE CANOE CLUB SCIO - Programme – May 2023 – Sept 2023

Day	Date	Event	Grade	Meet	Time	Coach/Leader	Organiser	Contact details
<p><u>Trip numbers:</u> You <b>must</b> make sure you contact the person as per the details on this programme and explain your experience to date. Facebook events are for information only/handy reminders. The leader will make sure that there is a safe ratio of paddlers to leaders.</p> <p><u>Session Grades:</u> Novice Sessions – Suitable for all – Generally Flat Water or pool sessions Beginner Trips – Suitable for most – Less likely to capsize (Canoe), may need a spraydeck and ability to capsize with it (kayak) Improver Trips – Suitable for paddlers with some experience and comfortable with capsize (Canoe) or with a spray deck (Kayak) Intermediate/Advanced – More experienced/regular paddlers (Mainly in kayaks) – Beginning to roll on the river/roll required.</p>								
May								
Day	Date	Event	Grade	Meet	Time	Coach/Leader	Organiser	Contact details
THU	4	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Harry, Chris	Chris Redmond - 013398 86241	
THU	11	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Johnny/Mark?		
THU	18	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Paul Smart	Paul Smart <a href="mailto:psmart@metrol.co.uk">psmart@metrol.co.uk</a> 07710 463595	
SAT	20	<u>Garry</u>	3	Tbc	tbc	Neil	Neil Gibson <a href="mailto:neapgibbon@gmail.com">neapgibbon@gmail.com</a>	
SUN	21	<u>River trip Dee</u>	Beg 1/2	Mill Inn	1030	Harry	Harry Burnett burnett1dav@aol.com	
THU	25	<u>Evening paddling Aboyne river pool</u>	Beg 1/2	Shed	1830	Trevor	Trevor Cardy cardytc2@gmail.com	
SUN	28	<u>Canoe trip Dee section tbc</u>	tbc	Shed	0930	Rachel	Rachel Hannan - 07745297eight84 <a href="mailto:Rachel.hannan@hotmail.co.uk">Rachel.hannan@hotmail.co.uk</a>	

Joining instructions – common sense, warm clothing, change of clothing, buoyancy aid (if you have your own), waterproofs, footwear (you can get wet!). **You MUST also contact the event organiser at least 2 days in advance to book a place** on the event because numbers are limited due to leader / participant ratios. You will be asked to sign in at the start of the event. Please remember that under 16's must be accompanied by an adult at all times during the event. At the coaches discretion, 16 and 17 year olds can attend events without an accompanying adult. The Club has cag tops, buoyancy aids, helmets, throwlines, drybags etc for use on these events.

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June							
Day	Date	Event	Grade	Meet	Time	Coach/Leader	Organiser
THU	1	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Paul	Paul Smart <a href="mailto:psmart@metrol.co.uk">psmart@metrol.co.uk</a> 07710 463595
SUN	4	<u>Duck Festival Ballater</u>		Shed	1330	Chris	Chris Redmond - 013398 86241
THU	8	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Sue, Paul	Sue Chalmers – 07762 428733
SUN	11	<u>Dee trip</u>	Improver 2/3	0930	Shed	Neil	Neil Gibson <a href="mailto:neapgibbon@gmail.com">neapgibbon@gmail.com</a>
THU	15	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Trevor	Trevor Cardy <a href="mailto:cardytc2@gmail.com">cardytc2@gmail.com</a>
SUN	18	<u>Dee trip</u>	Beginner	1030	Mill Inn	Harry	Harry Burnett <a href="mailto:burnett1dav@aol.com">burnett1dav@aol.com</a>
THU	22	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Emma, Jake	Emma Parvin <a href="mailto:Emma.parvin@hotmail.co.uk">Emma.parvin@hotmail.co.uk</a>
SUN	25	<u>Trip tbc</u>	tbc	Shed	0930	Trevor, Neil	Trevor Cardy <a href="mailto:cardytc2@gmail.com">cardytc2@gmail.com</a>
THU	29	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830		
July							
Day	Date	Event	Grade	Meet	Time	Coach/Leader	Organiser
THU	6	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Chris	Chris Redmond - 013398 86241
SUN	9	<u>Trip (Findhorn/Meig/Tummel?)</u>	3/4	Shed	0930	Chris	Chris Redmond - 013398 86241
THU	13	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Paul	Paul Smart - 07710 463595 <a href="mailto:psmart@metrol.co.uk">psmart@metrol.co.uk</a>
SUN	16	<u>Canoe trip Dee section tbc</u>	tbc	Shed	0930	Rachel	<a href="mailto:Rachel.hannan@hotmail.co.uk">Rachel.hannan@hotmail.co.uk</a> 07745297eight84
THU	20	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Sue	Sue Chalmers – 07762 428733
THU	27	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Sue	Sue Chalmers – 07762 428733

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August							
Day	Date	Event	Grade	Meet	Time	Coach/Leader	Organiser
THU	3	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Paul	Paul Smart - 07710 463595 <a href="mailto:psmart@metrol.co.uk">psmart@metrol.co.uk</a>
THU	10	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Sue, Chris	Chris Redmond - 013398 86241
	13	<u>River trip tbc</u>	Improver 2/3	Shed	0930	Neil, Trevor	Neil Gibson <a href="mailto:neapgibbon@gmail.com">neapgibbon@gmail.com</a>
THU	17	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Paul	Paul Smart - 07710 463595 <a href="mailto:psmart@metrol.co.uk">psmart@metrol.co.uk</a>
THU	24	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Sue	Sue Chalmers – 07762 428733
THU	31	<u>Evening paddling Aboyne river pool</u>	Novice	Shed	1830	Paul	Paul Smart - 07710 463595 <a href="mailto:psmart@metrol.co.uk">psmart@metrol.co.uk</a>
September							
Day	Date	Event	Grade	Meet	Time	Coach/Leader	Organiser
SUN	10	<u>River trip tbc</u>	tbc	Shed	0930	Trevor, Neil	Neil Gibson <a href="mailto:neapgibbon@gmail.com">neapgibbon@gmail.com</a>
THU	14	<u>First pool session</u>	Novice	Aboyne pool	1800	Chris	Chris Redmond - 013398 86241
SUN	17	<u>Trip</u>	Beginner	Mill Inn	1030	Harry	Harry Burnett <a href="mailto:burnett1dav@aol.com">burnett1dav@aol.com</a>
SAT	23	<u>Banchory Beast Race</u>					
SUN	1	<u>Trip</u>	Int/Adv 3/4	Tbc	tbc	Chris	Chris Redmond - 013398 86241

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